

Curriculum Vitae

Benjamin D. Garber, Ph.D.

Psychologist
New Hampshire License 475

Parenting Coordinator

Guardian ad litem
New Hampshire Certificate 2005

Date of Birth: August, 1959
Place of Birth: Brockton, Massachusetts
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Academic History

- 1987 **The Pennsylvania State University**
University Park, Pennsylvania
Doctorate: Child Clinical and Developmental Psychology
- 1983 **The Pennsylvania State University**
University Park, Pennsylvania
Master of Science: Child Clinical Psychology
- 1981 **The University of Michigan**
Ann Arbor, Michigan
Bachelor of Arts, Summa Cum Laude:
Developmental Psychology and Psycholinguistics

Clinical Experience

- 1999-present **Private Practice in Clinical, Consulting and Forensic Psychology**
Merrimack, New Hampshire
Providing comprehensive evaluative and therapeutic interventions to children, families, courts, and child-centered institutions.
- 1989-1999 **Slatoff & Ward, Psychological Associates**
Southern New Hampshire Regional Medical Foundation
Nashua, New Hampshire
- Clinical Child Psychologist: Providing out-patient individual, family and group psychotherapy to children, adolescents and teenagers; comprehensive psychological assessment, including intellectual, achievement and projective testing; Emphasizing forensic evaluation and interventions, including comprehensive custody evaluation, and therapy with children of separation and divorce.
- Co-administrator and co-founder, The Forensic Psychology Division of Slatoff & Ward. Administrative and organizational responsibilities including staffing, intake evaluation, establishment of evaluation and intervention protocols, and liaison with the legal community.

Curriculum Vitae
Benjamin D. Garber, Ph.D.
1 November, 2011

Clinical Experience
(Continued)

- 1990-2003 **St. Joseph Hospital**
Nashua, New Hampshire
Independent Allied Health Professional, Department of Psychiatry; Consultative privileges to provide in-patient individual psychotherapy, standardized testing, and behavioral management interventions; in-service consultant, pediatric nursing staff; consulting psychologist, palliative care team, oncology unit.
- 1993-2003 **Southern New Hampshire Regional Medical Center**
Nashua, New Hampshire
Associate Medical Staff; Consultative privileges to provide in-patient individual psychotherapy, standardized testing, and behavioral management interventions.
- 1990-1992 **Nashua Brookside Hospital/Northeast Psychiatric Associates**
Nashua, New Hampshire
Consulting Psychologist, Child and Adolescent Psychiatric Services, Adult Psychiatric Services; Providing fee-for-service in-patient individual and family psychotherapy, multidisciplinary team consultation and aftercare placement liaison functions.
- 1987-1990 **Nashua Brookside Hospital/Northeast Psychiatric Associates**
Nashua, New Hampshire
Staff Psychologist, Child and Adolescent Psychiatric Service, providing in-patient individual, milieu, family and group psychotherapy, ages 5- through 18-years; Multi-disciplinary team consultant and aftercare placement liaison.
- 1986-1987 **The Institute of Living**
Hartford, Connecticut
Clinical Child Psychology Intern, (APA Accredited, APIC Certified Institution): Providing in-patient individual, group and family psychotherapy to children and adolescents; Out-patient and day-patient individual and family therapy to children ages 3-years and older; Comprehensive psychological and neuropsychological assessment; Intensive supervision and didactic seminars in topics including child diagnostics, play therapy techniques, and dynamic interpretation.
- 1982-1986 **The Psychological Clinic**
University Park, Pennsylvania
Out-patient individual and family psychotherapy, including children ages 5-years and older; Comprehensive intellectual, achievement and personality assessment; Intensive clinical supervision and didactics including advanced assessment techniques, play therapy, and family therapy.

Forensic Certification

- 2009 **Mediation Certification** (basic)
Rose Hill Mediation Center and MediateFirst
- 2006 **Parenting Coordinator**
Continuing education training (The state of New Hampshire does not yet regulate, certify or license this practice)
- 2005 **Guardian *ad litem***, New Hampshire state certified
Serving New Hampshire superior courts in matters of family transition, child custody, visitation, abuse and neglect.

Consulting and Community Experience

Providing frequent consultation, education and presentations in many areas of child- and family development to preschool and daycare center staffs and parents, to elementary, middle school and high school staffs, students and parents, to businesses, courts, private institutions and clinical colleagues, including but not limited to:

- 2008-Present **Parenting Coordinators of New Hampshire** (PCANH; see www.PCANH.org)
Founding Co-president collaborating with family law professionals in the interest of providing parenting coordination services across the state in conjunction with national standards.
- 2000-Present ***Ad hoc* private clinical consultant/supervisor**
Providing clinical supervision, consultation, ethical and liability management services; practice building, marketing and referral development consultation, under contract to private practice clinicians, clinic group practices and to the New Hampshire Board of Mental Health Practice.
- 1998-Present **HealthyParent.com** (<http://www.healthyparent.com>)
Founder and Director, providing educational, consultative and curriculum Development services through community and professional presentations and publications across the United States (and via the Internet) and direct consulting services.
- 1997-Present **Adult Learning Center, early Childhood Adventures Program (ECAP), Nashua, New Hampshire**
Staff development consultant and parenting liaison, providing staff training, child assessment and educational services to parents; Facilitating family support groups with impoverished, stressed parents.
- 1997-2005 **Derry Cooperative School District, Derry, New Hampshire**
District School Counselor Consultant, providing weekly clinical consultation and education to staff of 12 professional school counselors, grades 1-9
- 1997-1998 **Area Agency for Developmental Services of Greater Nashua, Nashua, New Hampshire**
Clinical Consultant: Conducting mental health/mental retardation service eligibility reviews.

Curriculum Vitae
Benjamin D. Garber, Ph.D.
1 November, 2011

**Consulting and Community
Experience**
(Continued)

- 1994-1996 **Juvenile Diabetes Foundation, Nashua, New Hampshire**
Invited Speaker and Consultant
- 1995-2001 **Good Grief**
Board of Directors, assisting in curriculum development and consulting to clinical Providers regarding children's bereavement
- 1995-1998 **Southern New Hampshire Children and Adults with Attention Deficit Disorders**
Founding Advisory Board Member and quarterly speaker
- 1995-1996 **Mont Vernon Village School, Mont Vernon, New Hampshire**
Behavior management consultant, creator and administrator,
Think 1st Facilitated Communication and Conflict Resolution Program
- 1993-1994 **Resource Center for the Changing Family, Concord, New Hampshire**
Board of Directors; Develop, administer and coordinate multi-disciplinary, state-wide pre-divorce program.
- 1990-1992 **Nashua Children's Association, Nashua, New Hampshire**
Board of Directors; Curriculum and Behavioral Consultant

Teaching Experience

- 2007-present **University Of New Hampshire** Graduate Program in Counseling Psychology (Durham, New Hampshire), Consulting Mentor, Master's level Counseling Intern
- 1989-1991 **Rivier College** (Nashua, New Hampshire):
Instructor, Department of Psychology: Psychological Assessment; Theories of Counseling and Psychotherapy. Advanced undergraduate and graduate students.
- 1982-1987 **The Pennsylvania State University** (University Park, Pennsylvania):
Teaching Assistant and Lecturer: Experimental Psychology; Developmental Psychology; Social Psychology. Undergraduate student population.

Research

- 2005-2007 Validating children's adjective sorting responses in the context of divorce litigation in association with University of New Hampshire Master's level intern
- 2006-2008 "Vulnerable children and their psychological and mental health"
FAS dnr 2006-1633, grant proposal: Exploring a new forensic interview tool for children: The Query Grid. Collaborative multi-national research, Linkoping University (M. Heimann, Ph.D.)

Professional Presentations

Professional presentations on topics in developmental, clinical and forensic psychology and family law, including but not limited to:

- 05.04.2012 **Wisconsin Interprofessional Committee on Divorce** (Wisconsin Dells, WI)
anticipated "The child's voice in custody litigation: Listening through the din"
- 01.26.2012 **Queen's Bench of Alberta, Canada** (Calgary, Alberta)
anticipated "Alienation in Perspective"
- 05.19.2011 **State of Connecticut, Judicial Branch** (New Britain, Connecticut)
"When Co-Parents Conflict: Responding to Children of Divorce"
- 05.18.2011 **State of Connecticut, Judicial Branch** (New Britain, Connecticut)
"Finding Fit: Interviewing Children and Assessing Conflicted Family Systems."
- 04.29.2011 **Massachusetts Association of Guardians Ad Litem** (Boston, Massachusetts)
"Legal Standards & Child Development: You Can't Have One Without The Other"
- 02.04.2011 **Ontario Bar Association** (Toronto, Ontario, Canada)
"Systemic confounds and the child's voice in family law."
- 01.14.2011 **Saskatchewan Trial Lawyers' Association** (Regina, Saskatchewan Canada)
"One size can never fit all: Developmentally-informed family law practice, process, and remedies."
- 10.30.2010 **Association of Family and Conciliation Courts** (Boston, Massachusetts)
"Conceptualizing the Dynamics of the Enmeshed Dyad: Adultification, Parentification and Infantilization"
- 07.08-10.2010 **The National Judicial Institute of Canada** (Victoria, British Columbia, Canada)
"The child's voice in family law proceedings"
- 07.11-13.2010 **The Federation of Law Societies of Canada** (Victoria, British Columbia, Canada)
"Co-parental conflict and divorce in developmental perspective."
- 04.02.2010 **New Hampshire Conflict Resolution Association** (Concord, NH)
"The tools of affiliation and the weapons of abuse: Alienation, alignment and attachment theory."
- 05.15.2009 **New Hampshire Psychological Association** (Hampton Beach, NH):
"Keeping Kids Out Of The Middle."
- 11.13-14.2008 **University of Wisconsin Extension Service Annual Conference**
(Wisconsin Dells, Wisconsin) Invited keynote speaker and seminar presenter,
Through the Eyes of A Child:
- "One size must never fit all! Tailoring forensic decisions to developmental differences" (Conference keynote)
 - "Vecro™ Kids Part I: Understanding attachment across development" (break-out seminar)
 - "Vecro™ Kids Part 2: Attachment applications for forensic professionals" (break-out seminar)
- 10.24.2008 **Minnesota Association of Conflict Resolution Specialists** (Minneapolis, MN):
"Assessing and Enabling Children's Attachment Security In the Midst of Co-parental Conflict, Separation and Divorce."

Professional Presentations

(Continued)

- 10.03.2008 **Massachusetts Association of Guardians ad litem**(Waltham, MA):
Invited panel presenter, "The Three Ds of Parenting Coordination: Dynamics, Dilemmas and Directions"
- 05.17-18.2007 **Wisconsin Interprofessional Committee on Divorce** (Wisconsin Dells, WI):
Invited keynote presenter: In the Best Interests of the Child: Clinical and forensic perspectives on attachment security, co-parental conflict, separation and divorce.
- 04.26.2007 **Massachusetts Association of Guardians ad litem** (Waltham, MA):
Domestic Violence: Psychological Abuse in Family Law
"Alienation as domestic abuse by proxy"
- 04.18.2007 **New Hampshire Infant Mental Health Task Force/Adult Learning Center**
(Nashua, New Hampshire:) Understanding and responding ADHD.
- 11.17-18.2006 **Cambridge Health Alliance/Harvard Medical School** (Cambridge, MA):
"Uncoupled: Co-parenting interventions in the best interests of the children."
- 11.10.2006 **Idaho Psychological Association** (Boise, ID):
Invited keynote speaker: "From theory to therapy to courtroom: Attachment, alienation and the best interests of the child."
- 10.13.2006 **New Hampshire Conflict Resolution Association** (Durham, New Hampshire):
Invited roundtable participant and speaker, "Bridging the Disciplines"
- 2005-2010 **New Hampshire Guardian ad litem Board** (Concord, NH):
Trainer and consultant, Superior Court GAL beginner and advanced training program: Child and family development; interviewing children; conducting a custody evaluation; Understanding/evaluating alienation and alignment; what is the best interest of a child?
- 11.4-5.2005 **Massachusetts Association of Guardians ad litem** (Waltham, MA):
"The tools and weapons of affiliation: Attachment, alignment and alienation in developmental perspective."
- 2004-2006 **PESI Healthcare:**
Consulting speaker, providing full-day training and consultation to mental health and family law professionals across the United States, including:
"Conducting psychotherapy with Children of Parental Discord and Divorce"
- 2004-2010 **Early Learning New Hampshire** (Concord, NH):
"Understanding and responding to the needs of young children of divorce."
- 11.08.2005 **Nashua School District** (Nashua, NH):
Teacher and staff in-service training:
"Understanding & Educating Children of Parental Discord and Divorce"
- 10.07.2005 **The New Hampshire Bar Association** (Concord, NH):
"Understanding and Responding to Children's Best Interests: NH RSA 461A"
- 05.05.2005 **FamilyStrength of New Hampshire** (Concord, NH):
"Assessing and Assisting the Children of Parental Discord and Divorce"

Professional and Popular Press Books

- Garber, Benjamin D. (2009). *Developmental Psychology for Family Law Professionals: Theory, Application and The Best Interests of the Child*. Springer. ISBN 978-082610525-7
- Garber, Benjamin D. (2009). *Ask an Expert* (Serving as consulting psychologist to Penguin Books, NY), written by Dr. Tanya Byron. ISBN 978-0-7566-5147-3
- Garber, Benjamin D. (2008). *Keeping Kids Out Of The Middle: Parenting Effectively In The Midst Of Adult Conflict, Separation and Divorce*. Health Communications, Incorporated. ISBN 878-0-7573-0711-9
- Garber, Benjamin D. (2008). *Your Toddler Month By Month* (Serving as consulting psychologist to Penguin Books, NY), written by Dr. Tanya Byron. ISBN 978-0-7566-3360-8
- Garber, Benjamin D. (2003) *The HealthyParent's ABCs: A Caregiving Curriculum*. HealthyParent.com. ISBN 09773322-1-7
- Garber, Benjamin D. (1998; revised 2000, 2002, 2003) *Taming The Beast Within: Managing Anger For Ourselves And Our Children*, HealthyParent.com. ISBN 0-9773322-4-1
- Garber, Benjamin D. (1997; revised 2000, 2002, 2003) *The Co-parent's Companion*. HealthyParent.com. ISBN 0-9773322-2-5
- Garber, Benjamin D. (1996; revised 2000, 2002, 2003) *Raising Functional Families*. HealthyParent.com. ISBN 0-9773322-3-3

Professional Publications

- Garber, Benjamin D. (2011). Security by association? Mapping attachment theory onto family law practice. *Family Court Review*. See <http://www.healthyparent.com/Garber%2009-2011%20Secury%20By%20Assn.pdf>.
- Garber, Benjamin D. (2011). Parental alienation and the dynamics of the enmeshed dyad: Adultification, parentification and infantilization. *Family Court Review*, 49(2), 322-335.
- Garber, Benjamin D. and Landerman-Garber, Laura (2011). Muchmore and Jaycox: A Call For Developmentally-Responsive Parenting Plans. *New Hampshire Bar Journal*, 54-57.
- Garber, Benjamin D. (February, 2011). The Voice Of The Child In High Conflict Divorce: Systemic, Developmental, and Practical Considerations. Paper prepared for presentation to the Ontario Bar Association.
- Garber, Benjamin D. (2009). Attachment methodology in custody evaluation: Four hurdles standing between developmental theory and forensic application. *Journal of Child Custody*, 6(1&2), 38-61.
- Garber, B. (2007). Conceptualizing visitation resistance and refusal in the context of parental conflict, separation and divorce. *Family Court Review*, (4)1, 588-599.
- Garber, Benjamin D. (2007). Developing a structured interview tool for children embroiled in family litigation and forensic mental health services: The Query Grid. *Journal of Forensic Psychology Practice*, 7(1), 1-18.

Professional Publications

(Continued)

- Garber, Benjamin D. & Landerman, L. (Summer, 2006). How should the child's voice be heard when parental rights and responsibilities are contested? *New Hampshire Bar Journal*.
- Garber, Benjamin D. (2004). Parental alienation in light of attachment theory: Consideration of the broader implications for child development, clinical practice and forensic process. *Journal of Child Custody*, 1(4), 49-76.
- Garber, Benjamin D. (October, 2004). Court responsibility and parental privilege in child custody cases. *New Hampshire Bar News*, 15(8), 24-25.
- Garber, Benjamin D. (2004). Therapist alienation: Foreseeing and forestalling dynamics undermining therapies with children. *Professional Psychology: Research and Practice*, 35(4) 357-363.
- Garber, Benjamin D. (2004). Directed co-parenting intervention: Conducting child centered interventions in parallel with highly conflicted co-parents. *Professional Psychology: Research and Practice*, 35(1), 55-64.
- Garber, Benjamin D. (August, 2004). Walking on thin ice: Practical and ethical considerations when conducting psychotherapies with children and families in turmoil and transition due to separation and divorce. Webcast continuously accessible via www.nhpaonline.org.
- Garber, Benjamin D. (2002, 2003, 2004) Walking on thin ice: Practical and ethical considerations when conducting psychotherapies with children and families in turmoil and transition due to separation and divorce. Presentation to the New Hampshire Psychological Assn., Franconia, New Hampshire.
- Garber, Benjamin D. (February, 2001). ADHD or not ADHD: Custody and visitation considerations. *New Hampshire Bar News*, New Hampshire Bar Assn.
- Garber, Benjamin D. (1998-2002). Contributing editor, *Special Child e-zine* (www.specialchild.com).
- Garber, Benjamin D. (1998). Practical interventions for attention disordered children. *Attention*.
- Garber, Benjamin D. (April, 1996). Alternatives to alienation: Acknowledging the broader scope of children's emotional difficulties during divorce. *The New Hampshire Bar Journal*.
- Garber, Benjamin D. (Summer, 1994). Practical Limitations in Considering Psychotherapy with Children of Separation and Divorce. *Psychotherapy*, 31(2).
- Garber, Benjamin D. (1986). "Of Beasties and Butterflies: Evidence for the Stability and Domain Specificity of Individual Differences in Categorization." *Journal of Personality*, 54, 647-658.
- Garber, Benjamin D., and Nelson, K.E. (1982). "Category Acquisition in Infancy." Funded Grant Proposal, The National Institutes of Mental Health, Bethesda, Maryland.

Parenting Publications in the Popular Press

In the capacity of freelance writer in the areas of parenting, child and family development, over 750 articles appearing across the United States, Canada, Australia and Great Britain, including, as examples :

Is My Child Psychologically "Fit"?	School's Back On: Do You Know How Your Child Learns?
Speaking Out for Your Child's Education: Parents as Advocates in the Schools.	Keeping in Touch with School.
Parenting Apart: Keeping the Kids Out Of the Middle.	The Parable of the Jealous Princess, or Establishing Sensible Visitation for Young Children of Separated Parents.
Dividing the Kingdom: Preparing Your First Born for Siblings.	Single Parenting: Doing the Impossible Daily.
The Subtlest Hurt of All	Is My Child Psychologically "Fit"?
Tag Team Parenting	A Word About The Games Children
Feeling Safe and Being Safe, or, Lions and Tigers and Bears, Oh My!	Taming the Beast Within: Managing Anger in Ourselves and Our Children
Shoring Up the Foundation: Helping Children to Become Secure and Confident	Feeling Safe and Being Safe.
Parking Lot Parenting.	"Its Not Fair!" And Five Other Pitfalls.
If the Shoe Fits ...	The Beauty in the Boredom: Routines and Rituals that Help Your Children Grow.
Will She Ever Get Her Clothes in the Hamper?	Coping with Childhood Bullying
Raising Reasonably Responsible Kids, Really!	Spare the Rod, Spare the Child.
Surviving the Bedtime Hour: Getting Children to Sleep and Keeping Them Asleep.	Power Struggles? Premack Them!
Managing Behavior One Day at a Time.	
Testing the Limits.	

These publications appear bimonthly since 1997 in the *Nashua Sunday Telegraph* and have variously appeared in print and via electronic media in publications including, but not limited to:

<i>The Tucson Parent</i> (Tucson, Arizona)	<i>The San Francisco Peninsula Parent</i> (San Francisco, California)	<i>Fairfield County Kids</i> (Fairfield, Connecticut)
<i>The Atlanta Parent</i> (Atlanta, Georgia)	<i>Indy's Child</i> (Indianapolis, Indiana)	<i>The Big Apple Parents' Paper</i> (New York City, New York)
<i>Long Island Parenting News</i> (New York City, New York)	<i>Western New York Family Magazine</i> (Buffalo, New York)	<i>The Carolina Parent</i> (Durham, North Carolina)
<i>Mahoning Valley Parent</i> (Youngstown, Ohio)	<i>El Paso's Kids Magazine</i> (El Paso, Texas)	<i>Alaska Parenting News</i> (Anchorage, Alaska)
<i>Sydney's Child</i> (Sydney, Australia)	<i>ValleyKids Parent News</i> (Chicago, Illinois)	<i>Melbourne's Child</i> (Melbourne, Australia)
<i>Family Times</i> (Delaware)	<i>Parentimes</i> (Nashua, New Hampshire)	<i>The Sunday Telegraph</i> (regular columnist) (Nashua, New Hampshire)

Professional Affiliations

Family Resource Center of Nashua (Founding member, 2009)
Parenting Coordinators of New Hampshire (Founding co-president 2008)
The American Psychological Association
New Hampshire Conflict Resolution Association
Massachusetts Association of Guardians ad litem
National Register of Health Service Providers in Psychology
The Association of Family and Conciliation Courts
The New Hampshire Psychological Association (2006-2008 Membership Chairperson)
New Hampshire Children's Lobby
New Hampshire Network
Parenting Publications of America

Curriculum Vitae
Benjamin D. Garber, Ph.D.
1 November, 2011

**Contracted
Panel Provider**

Prior to September, 1999, Dr. Garber was an active participant in and contracted panel provider for many and varied insurance panels. As of the opening of his private practice, he chose to withdraw from all such participation in the belief that the practical and ethical restrictions imposed by managed health care were untenable and often diametrically contrary to the patient's well-being.

For more information, visit Dr. Garber's website at www.healthyparent.com.

**For Further
Information**

References, reprints, popular press articles and/or other documentation is available upon request. Please contact Dr. Garber via post, e-mail or phone to receive any further information.