

Please use this sample to write your own letter to your co-parent. Be certain to keep a copy and to bring a copy to your first meeting with Dr. Garber. In order to assure that your letter is received, mail it from your local post office marked Return Receipt Requested.

Today's Date

Dear _____,
(my co-parent;
the adult with whom I share legal custody)

I am writing to notify you that I have contacted Dr. Ben Garber about _____ (child's name). Dr. Garber is a psychologist with a special interest in helping children and families. He has asked me to alert you to his involvement and to invite you to reach him at your convenience:

Benjamin D. Garber, Ph.D.
32 Daniel Webster Highway, Suite 17
Merrimack, New Hampshire 03054
Voice 603-879-9100
Fax 603-879-9070
papaben@inr.net or www.healthyparent.com

Dr. Garber's wants to involve you in his work with our (son/daughter) and will invite you to speak with him at your convenience.

My initial appointment with Dr. Garber is scheduled for: _____.

I believe that we will all benefit by working together to better understand _____ (child's name) and to meet (his/her needs).

Sincerely,

(your name)

cc: Ben Garber, Ph.D.