

## Chronology of Critical Events Worksheet

Please use this form to create a concise history of events leading up to the present investigation. Begin at the start of the adult relationship at least and highlight relevant events (e.g., relocation, birth of a child, separations, therapies) through the present. Feel free to copy this form (see next page) as needed.

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Approximate time/date/span	Location	Describe Event (Bulleted item)	Your comments (e.g. Why is this important?)
Example: June, 1909	Oshkosh, WI	House fire – lost everything	Caused much anxiety, many arguments; Dad blamed me; beloved pet iguana “Fido” died in fire; relocated to my parents house x6 months while we rebuilt.

distant


recent

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